

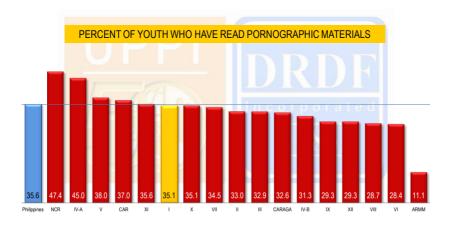
### **OUTLINE**

- Sex and media
- Sexual activities
- Teenage fertility
- HIV/AIDS
- Summary and conclusions

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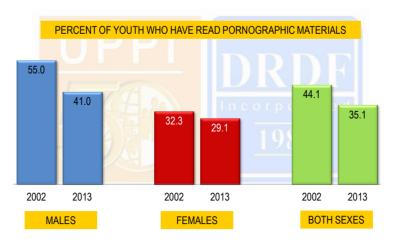


# More than 1 in 3 Region I youth have read pornographic materials



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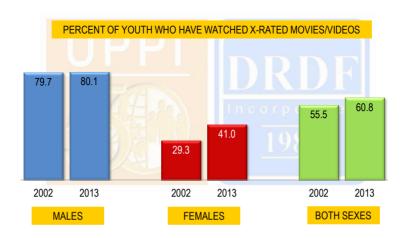
There is a decline in the prevalence of reading of pornographic materials in the past decade



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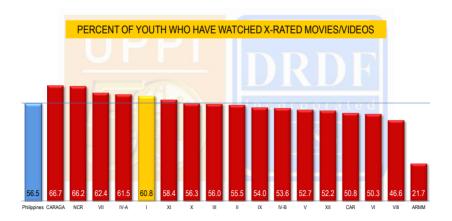
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But the prevalence of watching x-rated movies/videos has risen mainly due to increase among females



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3 in 5 youth in Region I have watched x-rated movies/videos, the 5<sup>th</sup> highest of all regions



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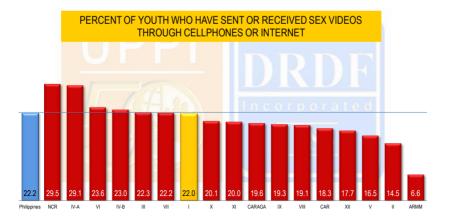
14 in every 100 Region I youth have visited websites with sexually-explicit content



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# More than 1 in 5 Region I youth have shared sex videos online or through cellphones



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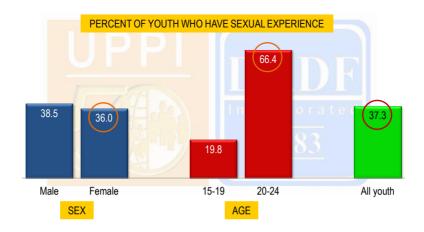
# Region I youth have also engaged in other technology-mediated sexual activities

- 4.7% have engaged in phone sex
  - Philippines: 5.8%
- 2.6% have engaged in sex with someone they met online or through text messages
  - Philippines: 3.7%
- 0.4% have recorded themselves having sex
  - Philippines: 0.8%

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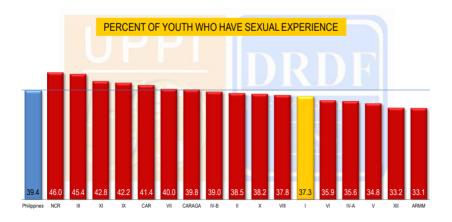


# Nearly 2 in 5 youth in Region I have sexual experience



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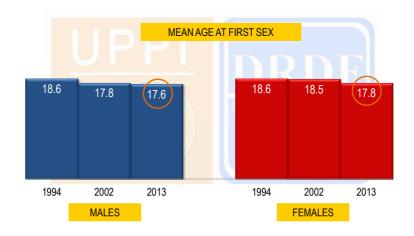
The proportion of Region I youth who have sexual experience is below the national level



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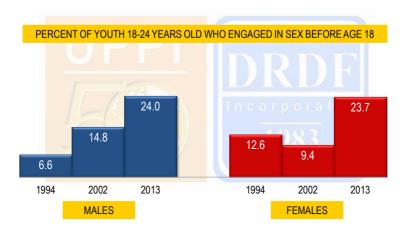
The age at sexual debut (first sex) has been decreasing for both sexes



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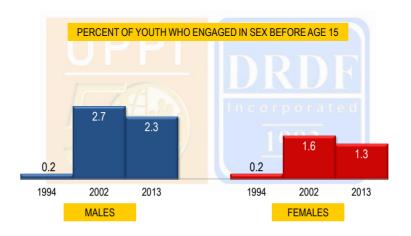
There is a sharp increase in the proportions of youth who have engaged in early sex (i.e. before age 18). The increase is more pronounced for females



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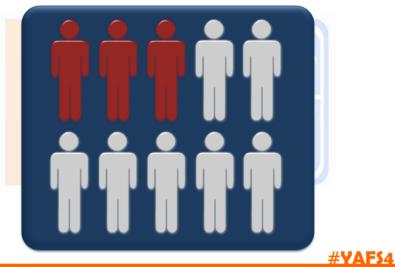
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But there is a slight decline in the percent who enggaed in sex before age 15 in the past decade



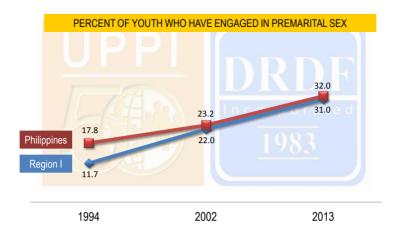
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# 3 in 10 Region I youth have engaged in premarital sex



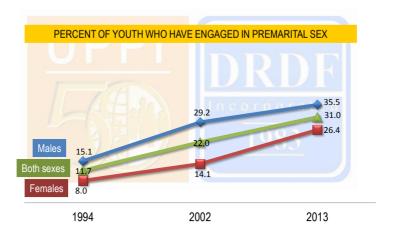
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There is a sharp rise in the level of premarital sex Region I youth in the past decade, the same trend as the national.



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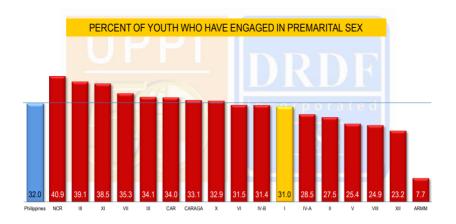
The gap between the sexes has narrowed in the past decade.



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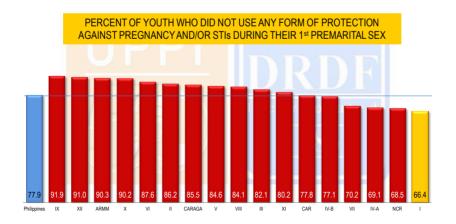
The proportion of Region I youth who have engaged in premarital sex is slightly below the national level



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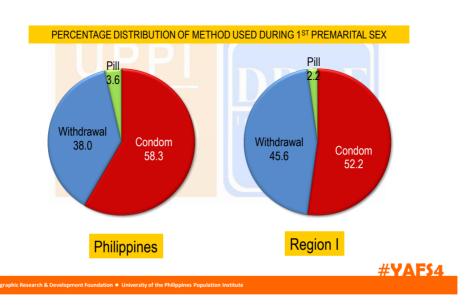
Region I has the lowest prevalence of unprotected 1<sup>st</sup> premarital sex among the youth.



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### Condom and withdrawal are the most popular contraceptive methods used during first PMS



There is a decline in the proportions of youth who have paid and have received payment for sex, same trend as the national



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Region I youth have also engaged in other risky sexual activities, most at par with national level.

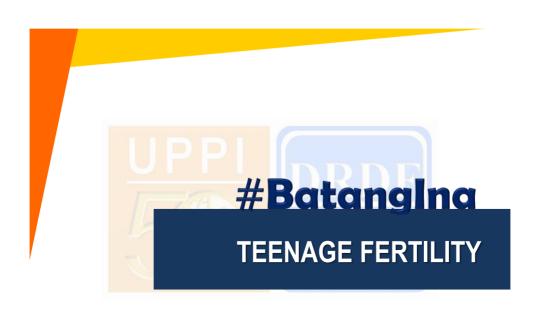
- 5.6% have engaged in casual sex (Philippines: 5%)
- 2.9% have FUBU experience (Philippines: 3.6%)
- 5.1% of male youth had sex with another male (Philippines: 5%)
- 3.1% of ever-married youth (including those living-in) have extramarital sex experience (Philippines: 3%)
- Most of these risky sexual activities are unprotected against the risk of pregnancy and/or STIs

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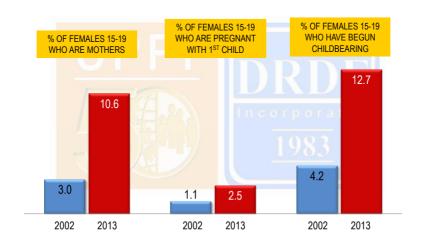
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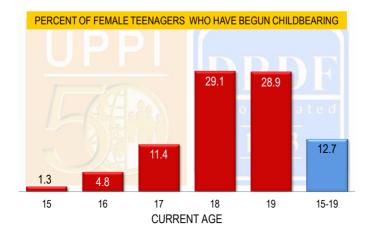


# Teenage fertility in Region I has tripled in the past decade



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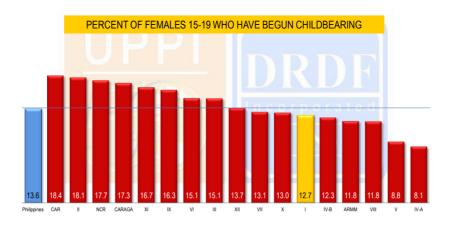
The proportion of teenage females in Region I who have begun childbearing increases steeply at ages 17 and 18



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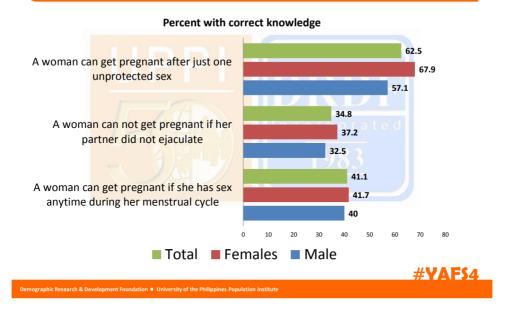
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About 13 in 100 teen females in Region I have already begun childbearing, the 6th lowest of all regions



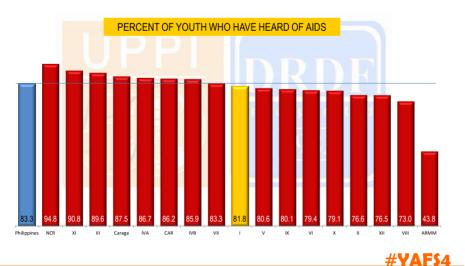
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The proportion with the correct knowledge about conception is generally low, marginally better among females.



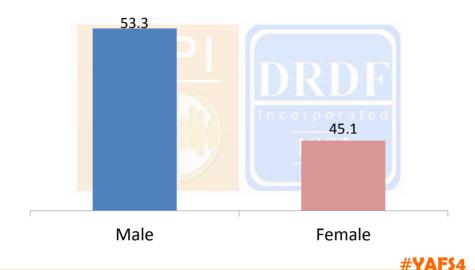


The proportion aware of AIDS among Region I youth is below that of the national level



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The percent aware of diseases associated with sex or with having sex is generally low. More males are aware.



Awareness of sexually transmitted infections does not always translate to awareness of AIDS and vice versa

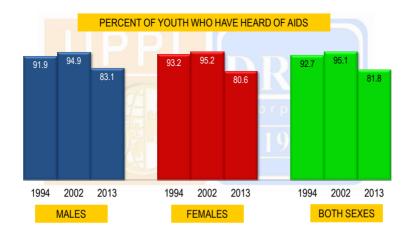
- Of males who have heard of HIV/AIDS, 38.7 percent say they have not heard of diseases associated with sex or with having sex
- The corresponding percent for females is 46.3 percent.

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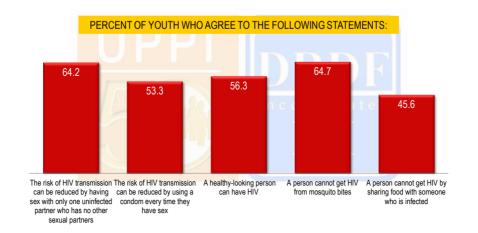
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Awareness of AIDS is higher than of STIs but awareness level has declined in the past decade



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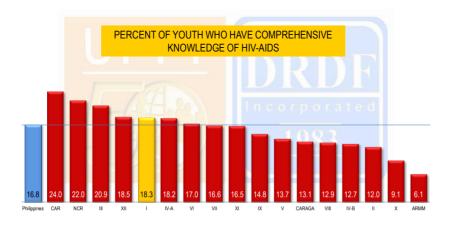
# Moderate level of knowledge regarding HIV transmission prevention methods



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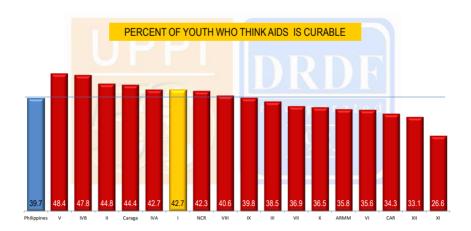
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The proportion of Region I youth who have comprehensive nowledge of HIV-AIDS is the 5<sup>th</sup> highest in the country, although the level is low (below 20%)



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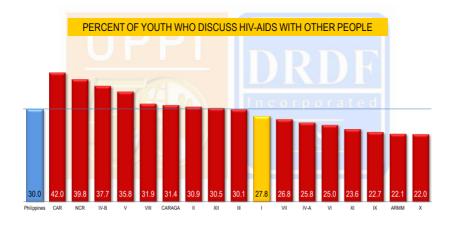
# More than 4 in 10 youth in Region I erroneously believe that AIDS is curable



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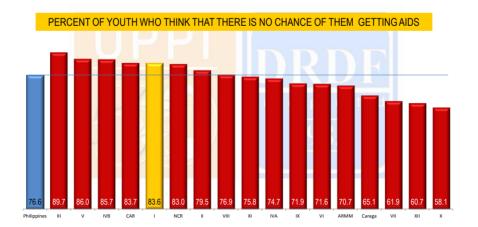
The proportion of Region I youth who discuss HIV-AIDS with other people is below the national level



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The proportion of Region I youth who feel there is no chance they will get AIDS is the 5<sup>th</sup> highest in the country



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### **SUMMARY & CONCLUSIONS**

- There is a heightened, bolder, and wider range of sexual behaviors among the youth including those that use new forms of information and communication technology (ICT)
- These new technologies have given rise to new forms of sexual activity and new means of meeting sexual partners that could increase the risk of adverse consequences, especially under a context of low prevalence in the use of protection

**#YAFS4** 

### **SUMMARY & CONCLUSIONS**

- The fact that young women in Region I is fast catching up with their male counterparts in terms of sexual activity is likely a major contributor to the sharp increase in teenage fertility
- There is a seeming disconnect between awareness of STIs and HIV. This means that many youth are not particularly aware of HIV as a sexually transmitted disease.

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### **SUMMARY & CONCLUSIONS**

- Awareness of AIDS is still high but the level has sharply declined in the past decade
- Poor knowledge of HIV-AIDS as misconceptions about HIV transmission are still common
  - 42.7% of region youth believe that AIDS is curable
  - 83.6% of the youth think there is no chance of them catching AIDS

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